

MARIA KWIATKOWSKI

Playing Age	25+ to 40+	Strengths	Public Speaking
Height	5'4"		Fitness Modeling/Demonstration
Build	Fitness Competitor		Performance Psychology – Consultant
Hair	Blonde		Dance – Latin, Freestyle/Street, Ballroom (light)
Eyes	Blue		Character Modeling/Acting

FITNESS

1998 – Present	Performance Enhancement Consultant/Specialist
1991 - Present	Personal Fitness Consultant
Jan 1996 - Dec 1997	Instructor - University of Tennessee (Fitness)
May 8, 1998	Guest - WATE/TV 6 (Knoxville, TN)
May 7, 1998	Presentation - Barnes & Noble Booksellers (Knoxville, TN)
Spring, 1994	Assistant Strength Training Coach - UTK Lady Vols
October 10, 1992	2nd Place Mixed Pairs - Las Vegas Bodybuilding Classic
August 22, 1992	1st Place Short Class - Nevada Natural Bodybuilding Show
Published, 1990	Model - Fresh Control Workout Plan (exercise book)
April - June 1990	Instructor, "Dance for Fitness" - Omni Hotel, Detroit, MI

PERFORMANCE

Dance / Performance Instruction:

1995 – Present	Competitive Posing – Mandatory and Freestyle Coaching
Jan 1996 – Dec 1997	University of Tennessee
April – June, 1990	"Dance for Fitness" – Omni Hotel, Detroit, MI
March, 1990	Aretha Franklin
1989 Calendar Year	Arthur Murray Dance Studio
September 2, 1989	The Old Club –Waltz Demonstration and Lesson

Dance / Performance / Choreography:

1995 – Present	Competitive Posing Routine Choreography
June 23, 1990	Great Expectations (Detroit, MI)
June 9, 1990	Edsel Ford Estate – Charity Event
June 5, 1990	Roostertail (Detroit, MI)
May 11, 1990	American Lung Assoc. of MI "Cinderella Ball"
April 28, 1990	GM Ski Club "A Night in the Tropics"
April 21, 1990	Club Taboo – WDET Charity Event
April 14, 1990	Lowell Potiker Celebration
March 23, 1990	Aretha Franklin Birthday Celebration
November 13, 1989	"Big Band Night" 1940s Chophouse (Detroit, MI)
November 3, 1989	Tam O'Shanter Country Club "1940's Theme Show"
September 26, 1989	1st place – Fox Theater "Evita" Publicity Dance Contest
January – May, 1988	NOVA – Nightclub Band (Dancer/Choreographer)
September 27, 1988	Marilyn Monroe Impersonation – Club Connect/WTVS
1986 – 87 Season	"Dance Fever" Contestant (Hollywood, CA)
1985 Season	Kelly and Company "1985 Dance-Off" Contestant
December 13, 1985	"Good Afternoon Detroit" Special Appearance
1984 Season	USFL Michigan Panthers Cheerleader
1980 – 1984	"The Scene"/WGPR TV 62
November, 1982	"Guys and Dolls" Stagecrafters Theater (Chorus)

TRAINING – EDUCATION

University of TN	Psychology of Human Performance (Ph.D)
Body by Design	Private instruction with Rodney Taylor
Joe Weiders' Muscle Camp	Seminar and workshop
Arthur Murray Dance Studio	Private lessons
Geiger Classical Ballet School	Ceccetti technique
Michael V. Leach	Private instruction (dance "lift" techniques)
Lascu School of Dance	Jazz workshops
Wayne State University	Ballet, modern dance (Graham technique), jazz
Dick Reppa Dance Studio	Four years training in classical ballet