

MARIA KWIATKOWSKI, PH.D.

Results driven professional and academic offers performance enhancement techniques – positive management, leadership, motivation, and team building. Possess both personal and professional experience in business, finance and life-long fitness. Application of discipline within the business setting – executive coaching; human resources development; performance measurement; and execution management; as well as within personal improvement strategies – individual career pattern success; performance enhancement in sport and exercise; and life skills training.

STRENGTHS

- Quantitative/qualitative analyses
 - Productivity enhancement
 - Strategic planning and management
 - Performance measurement and enhancement
 - Seminar development and presentation
 - Positive leadership and motivation
 - General audience and professional publications
 - Teaching/training
-

EDUCATION

University Of Tennessee (Knoxville, TN)

Doctor of Philosophy (Ph.D.), May 1998

Major: Cultural Studies in Education

Minor: Psychology of Human Performance

GPA: 4.00/4.00 (Ph.D. and M.S.)

Masters of Science (M.S.), August 1995

Major: Human Performance Studies

Minor: Psychology of Human Performance

Description of Field of Study:

Performance does not occur in a vacuum. The cultural framework relative to ethnicity, race, gender and religion impose expectations and constraints that affect our ability to achieve both personally and professionally. Within this context, performance enhancement techniques are researched and analyzed and performance measurement is applied to determine quantitative and qualitative rates of success and failure.

Concentration within field: Diversity, gender studies, feminist methods of research, and homonegativism.

Detroit College Of Business (Dearborn, MI)

Bachelors of Business Administration (B. B. A.) June 1986

HONORS

Hobt scholarship award for “excellence in teaching”

Dean’s award for “outstanding achievement”

PUBLICATIONS

January 2004. Interviewed as expert regarding psychology of *concentration* for the article: Head Strong. By: Jeff O’Connell, Senior Writer. *Muscle & Fitness*.

January 2002. Interviewed as fitness consultant expert for the article: Trigger Foods. By: Jeff O’Connell, Senior Writer. *Muscle & Fitness*.

January 2001. Mind in bodybuilding: Driving force. *Muscle & Fitness*.

Winter 2000. Beating burnout. *Muscle & Fitness Hers*.

December 1999. Head for home. *Muscle & Fitness*.

August 1999. Homophobia and femininity cloud women's athletics. *Women in Higher Education*.

June 1999. Mind in bodybuilding: Mind games. *Muscle & Fitness*.

PROFESSIONALLY RELATED EXPERIENCE

MUSCLE & FITNESS MAGAZINE Freelance Writer/Expert Opinion

June 1999 - Present

Serve as a contributing author to various Weider Publications. Also, offer expert opinion to other contributing authors to be quoted and referenced.

NASSAU COUNTY GOVERNMENT (Mineola, NY) Office of the County Executive

February 2002 – Present

Assist the Office of the County Executive by providing recommendations and leadership for core functions – coordination of agency and department restructuring; strategic planning; plan execution; performance measurement; and foundation building.

- ◆ April 2002 Multi-Year Financial Plan (MYP) – crafted the County’s vision, mission statement and guiding principles approved by the County Executive (CE). Conceptualized, researched and wrote executive plan designed to restructure operations and management through reforms and improved management techniques.
- ◆ Integrated Performance Management System (IPMS) – primary author of the instruction manual designed to provide an easy-to-use system of strategic planning linked to operational and financial performance with worksheets provided to guide the reader through the process.
- ◆ Instructor for IPMS – with the Director of Research, developed the instructional workshop and instructed the IPMS system throughout Nassau County agencies and departments.

UNIVERSITY OF THE DISTRICT OF COLUMBIA (Washington, DC)

Nov 2000 – Jan 2002

Assisted the University President, Vice President for Management and the Chief Financial Officer by providing recommendations and leadership for strategic planning and management and execution management.

- ◆ Internal Budget Development – recommended an internal budget development process to enhance the oversight process. This included: programmatic and financial need linkage; and, assistance with writing mission statements, goals, objectives and performance measures.
- ◆ Programmatic Reform – the District of Columbia Office of Budget & Planning (OBP) and the University Community could not “see” the operations of the University in any level of detail other than by aggregate fund. Recommended reorganization of the reporting structure by program area to provide financial data that could be used as a management tool.

GOVERNMENT FINANCE OFFICERS ASSOCIATION (GFOA) (Chicago, IL)

Nov 1999 – Nov 2000

Designed GFOA training seminars. And instructed with the GFOA Professional Development and Training Program.

UNIVERSITY OF CONNECTICUT (Storrs, CT) Guest – Panel Presentation

September 1999

Topic: Homophobia in women’s sport and recreation.

SPELMAN COLLEGE (Atlanta, GA)
Assistant Professor

Aug 1998 – June 1999

Spelman College is a highly regarded female-only, designated historically black college or university (HBCU). As an assistant professor, taught courses specifically within and cross-indexed with the Department of Education.

UNIVERSITY OF TENNESSEE (Knoxville, TN)
Participant – Qualitative Thematic Analyses Group

June 1998 – July 1999

Study Group(s) Focus:

Experiences of female engineers in supervisory roles in a male-dominated professional field.

Perceptions of psychological momentum in volleyball.

Tennis coaches' perceptions of motivation.

White, female athletic administrator's perception of race in athletics.

WATE/TV 6 (Knoxville, TN)

Guest – “Good Morning Tennessee

May 8, 1998

Topic: Experiencing the body as subject.

BARNES & NOBLE BOOKSELLERS (Knoxville, TN)

Presenter

May 7, 1998

Topic: Developing a positive body image.

UNIVERSITY OF TENNESSEE (Knoxville, TN)

Instructor

Jan 1996 – Dec 1997

Taught for the University's Physical Activity Program: Weight Training, Fitness to Music, Walking and Dance.

UNIVERSITY OF TENNESSEE (Knoxville, TN)

Assistant Strength Training Coach

Jan 1994 – May 1994

Worked for the Department of Women's Athletics as an Asst. Strength Training Coach with all women's University teams – track and field, softball, basketball, volleyball and tennis.

PROFESSIONAL ASSOCIATIONS

American Society for Quality
Association for the Advancement of Applied Sport Psychology
Performance Measurement Association Forum
Phi Kappa Phi
Pi Lambda Theta
Women's Sports Foundation